

Implant Care & Maintenance

For the long-term success of the implants, it is important to have a healthy oral environment and reduced stress on the implant. As with any teeth, grinding habits, poor oral hygiene, and an uneven bite can cause loosening of the implant. The Armitage Oral Surgery Team suggests that you discuss the following maintenance and care schedule with your restorative dentist.

Home Oral Hygiene Care



Effective home oral hygiene care

Professional Dental Cleaning



Professional dental cleaning with your dentist or hygienist every 6 months

Occlusion & Stability Check-up



Occlusion and stability check-up (i.e. bite check) every 3 to 6 months during the first year and every 12 months thereafter. Your dentist will perform this check at your regular dental check-up appointment

Nighttime Bite Guard



Nighttime bite guard (aka. night-guard, bite-guard, mouth piece, occlusal splint, bite splint, etc.) should be used at nighttime to prevent grinding or clenching which could potentially damage your implants over time



Armitage Oral Surgery
Oral & Maxillofacial Surgery

Implant, Care & Maintenance

You have made a valuable investment in your health by deciding on dental implants. Now that you have successfully completed the surgical phase of your treatment, you are ready to have your restorative dentist construct your new teeth.